

WASHINGTON STATE FINAL 2011 WOMEN'S INDOOR BESTS

(# = NCAA Automatic Qualifying Standards)

60 METERS (7.26)	2011	LIFETIME
Chanel James	7.62 (e)	7.62
Morgan Clem	7.70 (d)	7.70
Cindy Robinson	7.77 (e)	7.68
Shaquana Logan	7.81 (b)	7.81
Candace Missouri	7.98 (e)	7.76
Shantae Young	8.06 (a)	8.06
Bianca Walton	8.12 (b)	8.12

60M HURDLES (8.14)	2011	LIFETIME
Shaquana Logan	8.46 (d)	8.46
Angela Jensen	8.63 (b)	8.52
Morgan Clem	8.86 (a)	8.86
Jalisa Williams	8.86 (c)	8.78
Brittney Crabb	8.98 (e)	8.97
Veronica Elseroad-Wall	9.41 (b)	9.41

200 METERS (23.20)	2011	LIFETIME
Chanel James	25.10 (f)	25.10
Cindy Robinson	25.19 (f)	24.79
Morgan Clem	25.41 (f)	25.30
Shawna Fermin	25.52 (c)	25.37
Shaquana Logan	25.82 (b)	25.82
Briaúna Watley	25.89 (d)	25.89
Jacki Hill	26.11 (d)	25.94
Veronica Elseroad-Wall	26.76 (b)	25.95
Caroline Hedel	27.15 (b)	25.89

400 METERS (52.60)	2011	LIFETIME
Shawna Fermin	56.11 (d)	56.11
Briaúna Watley	57.96 (d)	57.96
Jacki Hill	57.98 (d)	56.90
Veronica Elseroad-Wall	58.62 (b)	57.19
Courtney Zalud	58.96 (a)	58.96
Brittney Crabb	59.41 (c)	57.50
Caroline Hedel	1:00.31 (b)	57.44

800 M (2:05.00)	2011	LIFETIME
Anna Layman	2:05.93 (g)	2:05.93 SR
Ruby Roberts	2:10.56 (d)	2:10.56
Courtney Zalud	2:10.63 (c)	2:10.63
Caroline Austin	2:15.05 (f)	2:14.03
Veronica Elseroad-Wall	2:19.12 (e)	2:17.52
Angela Jensen	2:28.77 (f)	2:28.77

MILE (4:37.00)	2011	LIFETIME
Ruby Roberts	4:48.97 (c)	4:48.97 FSR
Caroline Austin	4:58.18 (f)	4:56.16
Courtney Zalud	5:09.79 (b)	5:09.79
Chelsea VanDeBrake	5:14.15 (a)	5:07.47
Amanda Andrews	5:16.57 (b)	5:03.03
Emily Farrar	5:19.36 (b)	5:08.79
Allison Clark	5:23.67 (a)	5:23.67

3000 M (9:13.00)	2011	LIFETIME
Chelsea VanDeBrake	9:37.10 (f)	9:37.10
Sarah Bobbe	9:48.91 (f)	9:48.91 FSR
Caroline Austin	9:57.02 (d)	9:57.02
Emily Farrar	10:28.12 (d)	10:28.12
Ramona Morshead	10:36.13 (b)	10:36.13
Ashlee Wall Eskelsen	10:42.66 (b)	10:26.33

5000 M (16:07.50)	2011	LIFETIME
Chelsea VanDeBrake	16:45.81 (f)	16:45.81
Sarah Bobbe	17:11.72 (d)	17:11.72 FSR

1600-METER RELAY (3:34.00)	2011
Fermin, Zalud, Layman, Crabb	3:47.66 (d)

DIST. MED. RELAY (11:05.50)	2011
Zalud, Fermin, Layman, Roberts	11:18.14 (f)

HIGH JUMP (1.85m/ 6-0 3/4)	2011	LIFETIME
\$ Holly Parent	1.83m/6-0 (a)	1.83m/ 6-0
Christine Rice	1.74m/5-8 1/2 (e)	1.74m/ 5-8 1/2
Amanda Stewart	1.64m/5-4 1/2 (b)	1.70m/ 5-7
Angela Jensen	1.58m/5-2 1/4 (b,c)	1.64m/ 5-4 1/2

POLE VAULT (4.30m/ 14-1 1/4)	2011	LIFETIME
Hilary Moore	3.76m/12-4 (d)	3.76m/ 12-4
Carly Fitzpatrick	3.61m/11-10 (d)	3.61m/ 11-10
Kelsey Bueno	3.55m/11-7 3/4 (c)	3.55m/ 11-7 3/4
Ksenija Marovic		NM

WSU FINAL 2011 WOMEN'S INDOOR BESTS - 2

LONG JUMP (6.38m/ 20-11 1/4)

	<u>2011</u>	<u>LIFETIME</u>
Shaquana Logan	5.80m/19-0 1/2 (f)	5.80m/ 19-0 1/2
Candace Missouri	5.59m/18-4 1/4 (d)	5.80m/ 19-0 1/2
Chanel James	5.23m/17-2 (e)	5.23m/ 17-2
Angela Jensen	5.22m/17-1 1/2 (b)	5.22m/ 17-1 1/2
Shantae Young	5.19m/17-0 1/2 (a)	5.19m/ 17-0 1/2
Bianca Walton	5.08m/16-8 (a)	5.08m/ 16-8

TRIPLE JUMP (13.30m /43-7 3/4)

	<u>2011</u>	<u>LIFETIME</u>
Bianca Walton	11.87m/38-11 1/2 (f)	11.87m/ 38-11 1/2
C. Missouri	11.60m/38-0 3/4 (d)	12.10m/ 39-8 1/2
Shantae Young	11.25m/36-11 (b)	11.25m/ 36-11

SHOT PUT 16.90m/ 55-5 1/2)

	<u>2011</u>	<u>LIFETIME</u>
Mary Barnett	13.68m/44-10 3/4 (e)	13.68m/ 44-10 3/4
Ashley Kenney	12.85m/42-2 (e)	12.85m/ 42-2
Jennifer Hamilton	12.43m/40-9 1/2 (e)	13.78m/ 45-2 1/2
Angela Jensen	10.42m/34-2 1/4 (f)	10.42m/ 34-2 1/4

20# WEIGHT (21.00m/ 68-10 3/4)

	<u>2011</u>	<u>LIFETIME</u>
Cassie Whitfield	17.79m/58-4 1/2 (e)	17.88m/ 58-8
Kjirsten Jensen	17.49m/57-4 3/4 (a)	18.65m/ 61-2 1/4

DISCUS

	<u>2011</u>	<u>LIFETIME</u>
Ashley Kenney	47.26m/155-1 (e)	47.26m/ 155-1

PENTATHLON (4,075 pts)

	<u>2011</u>	<u>LIFETIME</u>
Angela Jensen	3,543 points (b)	3,588 points
b = 60mH - 8.63, HJ - 1.58m/5-2 1/4, SP - 10.20m/33-5 3/4, LJ - 5.22m/17-1 1/2, 800m - 2:31.15		
PR = 60mH - 8.52, HJ - 1.62m/5-3 3/4, SP - 9.86m/32-4 1/4, LJ - 5.12m/16-9 3/4, 800m - 2:29.15		

= NCAA indoor automatic qualifier.

\$ = NCAA Participant.

SR = WSU school record

FSR = WSU freshman school record

Only NCAA automatic and provisional qualifying standards listed.

Meet Legend

- a WSU Open, 1/14-15, Pullman
- b Cougar Indoor, 1/21-22, Pullman
Team scores: WSU 94, Idaho 27. WSU 81, Montana 41. WSU 75, Utah State 45. Montana 68, Idaho 48. Utah State 84, Idaho 26. Utah State 65, Montana 52.
- c @ Washington Invitational, 1/28-29, Seattle
- d @ Husky Classic, 2/12, Seattle
- e WSU Indoor Open II, 2/18-19 Pullman
- f @ Mountain Pacific Sports Federation Championships, 2/25-26, Seattle
Team scores: Oregon 138, Arizona 128, Stanford 96.5, Arizona State 92, Washington 62.5, California 60, UCLA 33, Cal State Northridge, Washington State 16, UC Irvine 9, Long Beach State 4.
- g @ NCAA Last Chance Qualifier, 3/5 Ames, Iowa
- \$ @ NCAA Indoor Track & Field Championships, 3/11-12, College Station, Texas

Revised: 3/12/11

WASHINGTON STATE FINAL 2011 MEN'S INDOOR BESTS

(# = NCAA Automatic Qualifying Standards)

60 METERS (6.60) **2011** **LIFETIME**

Greg Hornsby	6.80 (b)	6.80
Nate Washington	6.95 (e,f)	6.95
Marlon Murray	6.95 (f)	6.82
Brett Blanshan	6.99 (a)	6.87
Rashaun Johnson	7.08 (a)	7.08
Stephan Scott-Ellis	7.11 (e)	7.10
Sean Harris	7.30 (f)	7.30
Josiah Sims	7.40 (b)	7.40

60M HURDLES (7.70) **2011** **LIFETIME**

Jeshua Anderson	7.98 (d)	7.98
Ramsey Hopkins	8.08 (d,f)	8.08
Garrett Gerling	8.35 (e,f)	8.35
Rashaun Johnson	8.43 (c)	8.43
Josiah Sims	8.46 (d)	8.46
Sean Harris	8.51 (e)	8.51

200 METERS (20.83) **2011** **LIFETIME**

Greg Hornsby	21.51 (d)	21.51
Nate Washington	21.71 (f)	21.71
Marlon Murray	21.76 (f)	21.48
Rashaun Johnson	21.84 (f)	21.84
Brett Blanshan	21.90 (d)	21.89
Brandon Dawson	22.20 (d)	22.20

400 METERS (46.15) **2011** **LIFETIME**

Jeshua Anderson	46.93 (d)	46.38
Brandon Dawson	48.09 (c)	48.09
Jacob Sealby	49.05 (f)	49.05
Dana Wells	49.88 (d)	49.19
Rashaun Johnson	49.98 (c)	49.98
Garrett Gerling	50.17 (c)	50.17
J Hopkins	50.42 (d)	49.33
Ryan Barrett	50.56 (a)	49.56
Nick Smith	52.21 (a)	52.21
Justin Zimmerman	53.50 (a)	50.40

800 M (1:48.00) **2011** **LIFETIME**

\$ Joe Abbott	1:48.05 (d)	1:48.05
Todd Wakefield	1:53.51 (b)	1:53.51
Matt Cronrath	1:54.19 (e)	1:54.19
Jeshua Anderson	1:54.77 (e)	1:54.15
Nick Smith	1:54.78 (c)	1:54.78
David Hickerson	1:54.88 (e)	1:54.35
Justin Zimmerman	1:54.98 (d)	1:54.98
Andrew Kimpel	1:56.88 (a)	1:56.88
Richard Shroy	2:00.13 (b)	2:00.13
Justin Englund (unat)	1:58.45 (e)	1:58.45

MILE (3:59.00) **2011** **LIFETIME**

Todd Wakefield	4:03.57 (d)	4:03.57
Matt Cronrath	4:05.51 (c)	4:05.51
David Hickerson	4:06.79 (c)	4:06.79
Andrew Kimpel	4:06.95 (c)	4:06.95
Joe Abbott	4:14.08 (b)	4:14.08
Andrew Gonzales	4:14.83 (e)	4:14.83
Drew Jordan	4:19.53 (e)	4:19.53
Richard Shroy	4:25.91 (a)	4:25.91
Trevor Thompson	4:26.37 (a)	4:26.37
Justin Englund (unat)	4:11.33 (h)	4:11.33

3,000 M (7:54.50) **2011** **LIFETIME**

Andrew Kimpel	8:17.19 (d)	8:17.19
Andrew Gonzales	8:22.33 (d)	8:22.33
Drew Jordan	8:26.56 (d)	8:26.56
Matt Cronrath	8:43.81 (a)	8:43.81
Trevor Thompson	9:08.30 (b)	9:08.30
Justin Englund (unat)	8:32.57 (d)	8:17.80
Jono Lafler (unat)	8:34.55 (h)	8:24.19

5,000 M (13:47.00) **2011** **LIFETIME**

Andrew Gonzales	14:17.91 (f)	14:17.91
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1600-METER RELAY (3:06.50) **2011**

\$ Hornsby, Dawson, J. Sealby, Anderson	3:07.61 (g)
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DIST. MEDLEY RELAY (9:34.10) **2011**

Cronrath, Anderson, Abbott, Wakefield	9:39.87 (f)
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HIGH JUMP (2.24m/ 7-4 1/4)

	2011	LIFETIME
Ryan Deese	2.10m/6-10 3/4 (b)	2.14m/ 7-0 1/4
Ross VanZanten	2.04m/6-8 1/4 (f)	2.04m/ 6-8 1/4
Deonta Edwards	2.02m/6-7 1/2 (d)	2.15m/ 7-0 1/2
Sean Harris	2.01m/6-7 (b)	2.01m/ 6-7
Shawn Swartz	1.97m/ 6-5 1/2 (d)	2.15m/ 7-0 1/2
Grant Schultz	1.96m/6-5 (a)	1.96m/ 6-5

POLE VAULT (5.50m/ 18-0 1/2)

	2011	LIFETIME
Jake Baertlein	4.87m/15-11 3/4 (a)	4.93m/ 16-2
John Brenteson	4.82m/15-9 3/4 (f)	4.93m/ 16-2
Curtis Flolid	4.60m/15-1 (c)	4.60m/ 15-1
Sean Harris	4.50m/14-9 (e)	4.50m/ 14-9

WSU FINAL 2011 MEN'S INDOOR BESTS - 2

LONG JUMP (7.90m/ 25-11)

	<u>2011</u>	<u>LIFETIME</u>
S. Scott-Ellis	7.41m/24-3 3/4 (f)	7.41m/ 24-3 3/4
Ramsey Hopkins	6.75m/22-1 3/4 (b)	6.89m/ 22-7 1/4
Sean Harris	6.34m/ 20-9 3/4 (b)	6.34m/ 20-9 3/4

TRIPLE JUMP (16.15m/ 53-0)

	<u>2011</u>	<u>LIFETIME</u>
Steph. Scott-Ellis	15.65m/51-4 1/4 (d)	15.65m/ 51-4 1/4

SHOT PUT (19.30m/ 63-4)

	<u>2011</u>	<u>LIFETIME</u>
Joe Bartlett	16.95m/ 55-7 1/2 (e)	16.95m/ 55-7 1/2
Sean Harris	13.68m/44-10 3/4 (b)	13.68m/ 44-10 3/4

35# WEIGHT (21.50m/ 70-6 1/2)

	<u>2011</u>	<u>LIFETIME</u>
Joe Bartlett	11.11m/36-5 1/2 (b)	11.11m/36-5 1/2

DISCUS

	<u>2011</u>	<u>LIFETIME</u>
Joe Bartlett	51.51m/169-0 (e)	51.51m/ 169-0
Sean Harris	34.37m/112-9 (e)	34.37m/ 112-9
Oliver Henry (unat)	43.02m/141-2 (e)	43.02m/ 141-2

HEPTATHLON (5,675 pts)

	<u>2011</u>	<u>LIFETIME</u>
Sean Harris	5,022 points (b)	5,022 points

(PR = 60m - 7.40, LJ - 6.34m/20-9 3/4, SP - 13.68m/44-10 3/4, HJ - 2.01m/6-7, 60m H - 8.72, PV - 4.40m/14-5 1/4, 1000m - 3:11.70)

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= NCAA indoor provisional qualifier.

\$ = NCAA Participant.

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- b Cougar Indoor, 1/21-22, Pullman
Team scores: WSU 88, Idaho 34. WSU 97, Montana 26.
WSU 67, Utah State 50. Idaho 82, Montana 40.
Utah State 75, Idaho 46. Utah State 85, Montana 34.
- c @ Washington Invitational, 1/28-29, Seattle
- d @ Husky Classic, 2/12, Seattle
- e WSU Indoor Open II, 2/18-19 Pullman
- f @ Mountain Pacific Sports Federation
Championships, 2/25-26, Seattle
Team scores: Stanford 107.5, Arizona 102, UCLA 82.5,
Oregon 79, Arizona State 72.5, California 66,
Washington State 63, Washington 57, Long Beach St. 20,
Cal State Northridge 13.5.
- g @ NCAA Last Chance Qualifier, 3/5 Ames, Iowa
- h @ UW Final Qualifier, 3/5 Seattle
- \$ @ NCAA Indoor Track & Field Championships,
3/11-12, College Station, Texas
Team score: t-57. WSU 2 points

Revised: 3/14/11